



ADMINISTRATIVE RULES OF MONTANA



37.98.1723 HIGH ADVENTURE REQUIREMENTS: BICYCLING

- (1) All bicycling trips and activities must be supervised by a bicycling supervisor who meets the requirements and qualifications set forth in this rule.
- (2) The bicycling supervisor must:
 - (a) be familiar with state laws about bicycling;
 - (b) be knowledgeable about the type of bicycling terrain where the bicycle trips will occur;
 - (c) be knowledgeable about bicycling in the mountains, if applicable;
 - (d) be knowledgeable on making simple bicycle repairs; and
 - (e) hold at least a current American red cross community first aid and safety certificate or equivalent.
- (3) A bicycling supervisor and at least one other staff member must accompany each bicycle trip. There must be one staff member at the beginning and end of each bicycle group.
- (4) Each bicyclist shall wear a helmet.
- (5) Bicycles must be in good condition, properly maintained, inspected prior to each bicycling trip and adjusted to the size of the youth riding the bicycle.
- (6) A bicycle repair kit and first aid equipment must be taken on each trip. The first aid supplies must be assembled by a person knowledgeable in first aid supplies needed for bike trips and possible accidents or injuries.
- (7) The bicycling supervisor must instruct youths as to emergency procedures, safe riding practices and road and trail etiquette.
- (8) The bicycling supervisor shall evaluate each youth as to his or her physical capabilities to participate in the planned bicycling trip, keeping in mind the trip length, terrain, altitude of the trip and weather conditions.
- (9) Water/fluids must be taken on each bicycle trip.
- (10) An itinerary of the biking trip and a list of all people on the biking trip must be kept at the field office.
- (11) The program shall have written safety procedures of bike trips, including the written protocol for evacuating a youth that becomes sick or injured on a bike trip. Staff and youths must be trained on the safety procedures and protocol.

Authorizing statute(s): Sec. 50-5-220, MCA

Implementing statute(s): Sec. 50-5-220, MCA

History: NEW, 2004 MAR p. 1960, Eff. 8/6/04.