



ADMINISTRATIVE RULES OF MONTANA



37.106.3017 EATING DISORDER CENTERS (EDC): PLAN OF CARE

- (1) An EDC must have a multi-disciplinary plan of care that is supervised and directed by the admitting psychiatrist, and consisting of adequate numbers of individuals licensed, registered, or certified in the physical and mental health disciplines appropriate to the condition of each client.
- (2) Based upon the findings of an assessment, the EDC must establish an individualized plan of care for each client within five contacts or 21 days from the first contact, whichever is later. The plan of care must:
 - (a) specify a diagnosis based on the Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition (DSM-5), or the International Classification of Diseases, Tenth Revision (ICD-10);
 - (b) identify plan of care team members, from within and outside of the EDC, who are involved in the client's treatment and care;
 - (c) include individual goals that are expressed in a manner that captures the client's words or ideas;
 - (d) include objectives that include identified steps to achieve the goal;
 - (e) include nutritional rehabilitation to support regular and consistent weight when indicated;
 - (f) include measurable improvement in eating disorders behavior;
 - (g) identify projected timeframe for completion of goals and objectives as determined by the behavioral health needs of the client;
 - (h) identify the staff person responsible for each treatment service to be provided;
 - (i) include family participation in treatment unless such participation is contraindicated. Written documentation must indicate the reason participation is contraindicated;
 - (j) include signatures from the client, the client's legal guardian (if applicable), the licensed mental health professional and any other person responsible in implementation of the plan; and
 - (k) describe how the EDC will monitor the client's weight and food-related behaviors.
- (3) The plan of care must be reviewed face-to-face at least every:
 - (a) 90 days for outpatient therapy;
 - (b) 30 days for intensive outpatient programs; or
 - (c) seven days for partial hospitalization programs.

- (4) Plan of care reviews must include:
- (a) the client;
 - (b) the client's legal guardian (if applicable);
 - (c) the licensed mental health professional involved in developing the plan;
 - (d) any person with responsibility in implementation of the plan;
 - (e) documentation on progress towards objectives and goals; and
 - (f) date and signature of all persons indicating participation in the review.

Authorizing statute(s): 50-5-247, MCA

Implementing statute(s): 50-5-247, MCA

History: NEW, 2018 MAR p. 2214, Eff. 11/3/18.