



ADMINISTRATIVE RULES OF MONTANA

37.106.1956 MENTAL HEALTH CENTER: COMPREHENSIVE SCHOOL AND COMMUNITY TREATMENT PROGRAM (CSCT), SERVICES AND STAFFING

- (1) For any youth receiving CSCT services, the CSCT program must be able to provide the following services to each youth as specified in that youth's individualized treatment plan (ITP):
 - (a) individual, group, and family therapy;
 - (b) behavioral intervention;
 - (c) other evidence and research-based practices effective in the treatment of youth with a serious emotional disturbance (SED);
 - (d) direct crisis intervention services during the time the youth is present in a school-owned or operated facility;
 - (e) a crisis plan that identifies a range of potential crisis situations with a range of corresponding responses including physically present face-to-face encounters and telephonic responses 24/7, as appropriate;
 - (f) treatment plan coordination with substance use disorder and mental health treatment services the youth receives outside the CSCT program;
 - (g) access to emergency services;
 - (h) referral and aftercare coordination with inpatient facilities, psychiatric residential treatment facilities, or other appropriate out-of-home placement programs; and
 - (i) continuous treatment that must be available twelve months of the year. The program must provide a minimum of four service days per month of CSCT services in summer months. For any youth who does not receive CSCT services in the summer, providers must document in the youth's medical record the reason why the youth did not receive such services, as well as a summary of attempts to engage the youth and family.
- (2) CSCT services for youth with SED must be provided according to an ITP designed by a licensed or in-training mental health professional who is a staff member of a CSCT program team.
- (3) The CSCT ITP team must include:
 - (a) licensed or in-training mental health professional;
 - (b) school administrator or designee;
 - (c) parent(s) or legal representative/guardian;
 - (d) the youth, as appropriate; and

- (e) other person(s) who are providing services, or who have knowledge or special expertise regarding the youth, as requested by the parent(s), legal representative/guardian, or the agencies.
- (4) Providers must inform the youth and the parent(s)/legal representative/guardian that Medicaid requires coordination of CSCT with home support services and outpatient therapy.
- (5) The CSCT program must employ sufficient qualified staff to deliver all CSCT services to the youth as outlined in the ITP for the youth and in accordance with the contract between the school and the licensed mental health center.
- (6) The CSCT team may be assigned to provide services in two schools if the CSCT team responds to crisis situations for youth enrolled in CSCT in each school building during typical school hours.
- (7) The CSCT program must employ or contract with a program supervisor who has daily overall responsibility for the CSCT program and who is knowledgeable about the mental health service and support needs of the youth. The program supervisor may provide direct CSCT services, but this position may not fill the functions of the staff positions described in (8) and (9) for more than six months.
- (8) Each CSCT team must include a mental health professional, who may be a licensed or in-training mental health professional, as defined in ARM 37.87.702. In-training mental health professionals must be:
 - (a) supervised by a licensed mental health professional; and
 - (b) supervised in accordance with ARM Title 24, chapter 219.
- (9) Each CSCT team may include up to two behavioral aides. A behavioral aide must work under the clinical oversight of a licensed mental health professional and provide services for which they have received training that do not duplicate the services of the licensed or in-training mental health professional. All behavioral aides initially employed after July 1, 2013 must have a high school diploma or a GED and at least two years:
 - (a) experience working with emotionally disturbed youth;
 - (b) providing direct services in a human services field; or
 - (c) post-secondary education in human services.
- (10) The licensed mental health center CSCT program supervisor and an appropriate school district representative must meet regularly, at least four times per calendar year, during the time period CSCT services are provided to mutually assess program effectiveness utilizing the following indicators:
 - (a) progress on the individual treatment plan of each youth receiving CSCT services;
 - (b) attendance;
 - (c) CSCT program referrals;
 - (d) contact with law enforcement;
 - (e) referral to a higher level of care; and
 - (f) discharges from the program.

Authorizing statute(s): 53-2-201, 53-6-113, MCA

Implementing statute(s): 50-5-103, 53-2-201, 53-6-101, 53-6-111, 53-6-113, MCA

History: NEW, 2005 MAR p. 1787, Eff. 9/23/05; AMD, 2013 MAR p. 415, Eff. 7/1/13; AMD, 2022 MAR p. 159, Eff. 1/29/22; AMD, 2024 MAR p. 2014, Eff. 8/10/24.