



ADMINISTRATIVE RULES OF MONTANA

37.90.434 HOME AND COMMUNITY-BASED SERVICES FOR ADULTS WITH SEVERE AND DISABLING MENTAL ILLNESS: LIFE COACH

- (1) Life coach focuses on social determinants of health (SDoH) that impact a enrolled member's overall health and well-being, and addresses the obstacles that impede an enrolled member's progress towards self-sufficiency, improved health, and well-being.
- (2) Life coach services may be provided by:
 - (a) independent living centers;
 - (b) personal care entities;
 - (c) other entities approved by the department; or
 - (d) a member self-directing the service, as described in ARM 37.90.439.
- (3) Life coaches must have at least eight hours of specialized behavioral health training annually approved by the department.
- (4) All life coach providers must complete and submit the designated application to the department.
- (5) An enrolled member must have a SDoH assessment with identified needs and established goals in their PCRP.
- (6) Life coach services must include at least one of the following social determinants of health:
 - (a) economic stability;
 - (b) neighborhood and physical environment;
 - (c) education;
 - (d) regular and consistent access to healthy foods, education on nutrition, and overall health impacts;
 - (e) access to needed healthcare; and
 - (f) community and social context.
- (7) Life coach services may not duplicate services provided under behavioral intervention assistant.

Authorizing statute(s): 53-2-201, 53-6-402, MCA

Implementing statute(s): 53-6-402, MCA



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History: NEW, 2020 MAR p. 1173, Eff. 7/1/20; AMD, 2024 MAR p. 2234, Eff. 9/21/24.